



491 Baltimore Pike #319
Springfield, PA 19064

15th Annual Regional Symposium on
Suicide Prevention

**A Combined Effort: How Our Diverse Community
Prevents Suicide**

November 15, 2018
8:30 a.m. to 4:30 p.m.
Registration opens at 7:30 a.m.

Springfield Country Club
400 W. Sproul Road
Springfield PA 19064

Presented by:
Delaware County Suicide Prevention & Awareness Task Force



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Detailed directions from all locations are available at Springfield Country Club website:
www.springfieldcc.net

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Delaware County Suicide Prevention & Awareness Task Force

For more information, please visit: www.delcosuicideprevention.org



Agenda

- 7:30AM: Registration & Continental Breakfast
- 8:30AM: Welcome
Maggie Pruett-Saratan, MA, LPC, CAADC
- Suicide Death Review
Olga M. Thornton, RN, BS, Survivors of Suicide
Ellen Chung, ACSW, LCSW, BCD-Elwyn Davidson School-Director of Mental Health Services and Chair-DCSPATF
- Katayoun Copeland, District Attorney
- 9:00AM: Keynote
Dr. Michelle Spencer-private practice
- 10:30AM: Break-Out Sessions:
- Session A: Somewhere Over the Stigma: A Journey Through the LGBTQ+ Community and Suicide
Rev. Dr. Jeri E Williams-Green Church
- Session B: MPOETC (The Municipal Police Officers' Education & Training Commission)
James E. Nestor MA-Livengrin Foundation-Director of the First Responders Addictions Treatment
- Session C: PAYS (Pennsylvania Youth Survey) and Perception of Risk
Bridget Marley CTTS-M--Holcomb Behavioral Health-Prevention Specialist
- 12:00PM: Lunch (provided)
Please visit our Sponsors and enter your chance to win a raffle item!
- 1:00PM: Break-Out Sessions:
- Session D: GVSD Re-entry Program
Carolyn Falcone-Garnet Valley School District-SAP Coordinator
Kristin Smeins-Garnet Valley School District-School Social Worker-Students
- Session E: The Role of Empathy When Working With Suicidal, Middle-Aged to Mature Clients and Their Families
William J. Heran Ph.D.-Providence Treatment Center
- Session F: Getting Back Up
Jordan Burnham-Minding Your Mind-
- 2:30PM: Panel
Officer Meghan Bevenour
Aavidum
GVSD Re-entry Program
Jim Klassen
Dave Moran
State Trooper Erin Auchtel
- 3:30PM: Wrap-up: Evaluations and Raffles



Keynote

Dr. Michelle Spencer Bio:

Having started her career in Emergency Medical Services in 1974 and earning her doctorate in clinical psychology, Dr. W. Michelle Spencer has had extensive experience in all aspects of suicidality and its impact on the public and providers. Michelle has a private practice in Media, Delaware County where she specializes treating mood disorders and in the care of emergency services professionals. Michelle consults with the Philadelphia Fire Department's Employee Assistance Program and is currently volunteering with the Bucks County Rescue Squad in Bristol, PA.

Break-Out Sessions

Session A: Somewhere Over the Stigma: A Journey Through the LGBTQ+ Community and Suicide

Erasing the stigma of the LGBT community; the Welcoming & Affirming Church Community. A time for dialogue, understanding, and healing.

Session B: MPOETC

The Municipal Police Officers' Education & Training Commission prevents stigma, suicide, and peer suicide in police and first responders.

Session C: PAYS (Pennsylvania Youth Survey) and Perception of Risk

This presentation will be about how drugs and alcohol have changed perception of risk and how it can affect social and emotional health.

Session D: GVSD Re-entry Program

The GV Re-entry Program is designed to provide extra support for those students who are re-entering their school building following discharge from a Partial and/or an Inpatient Hospitalization. The program goal is the early and ongoing identification of any problems with re-entry to school so that additional supports can be offered to enhance student success. We will share our process, the forms and documents used and welcome questions and thoughts about how this could work in your setting.

Session E: The Role of Empathy When Working With Suicidal, Middle-Aged to Mature Clients and Their Families

Empathy is a crucial skill to incorporate into any work with individuals contemplating suicide. We will review the latest literature and best practice effectiveness when paying attention to the empathic stance when working with middle-aged and older clients and their families.

Session F: Getting Back Up

Jordan will discuss the mental health issues and disorders that affect so many of us. He is a survivor of a suicide attempt during his senior year in high school and shares his powerful story of fighting depression and finding recovery.



Who We Are

The mission of the DCSPATF is to promote understanding that suicide is a preventable community health problem in our county. The Task Force is comprised entirely of volunteers, from all walks of life. The Task Force is committed to providing education, information, and advocacy through a variety of forums including our Speakers' Bureau, mini-workshops, written material, participation in a variety of health fairs, community activities and events, and this symposium.

This year, our focus has been on promoting open communication about suicide prevention, intervention and postvention within our community. Last year, our focus had been on providing education and information to primary care physicians about responding to patients in mental health distress. We have carefully developed our guidelines for communicating with the press and media and have built the foundation from which our prevention and postvention efforts have evolved.

We invite YOU:

EMS

Clergy

Law Enforcement

Nurses

Psychologists

Probation Officers

Physicians

School Officials

Social Workers

Human Resources

Family and Community Members

Come to learn new information and skills to take back to your organization, and identify new ways you can take action toward county-wide awareness and suicide prevention.

You Can Make a Difference!

